

DIANA MORGAN

Permission Slips (free)

YOU ARE HEREBY GRANTED PERMISSION TO...

WWW.INSPIRATIONALGUIDANCE.COM



GIVE YOURSELF PERMISSION

Have you been waiting for a green light? A sign. Approval. Space to step back, say no, speak up, or simply take a breath.

Use these free permission sips as visual affirmations, journaling prompts, or reminders pinned where you will see them. **They're not cute extras — they're small anchors for a different way of living.**

This isn't about becoming someone new — it's about remembering that you already have the right to choose what works for you.

Want more personal growth resources?

Give yourself permission to visit us at

www.inspirationalguidance.com

PERMISSION *Slip*

You have permission to:

Change Your Mind, Even If
They Expected Yes.

Diana Morgan

www.inspirationalguidance.com

CONFIRMATION

Name: _____

Date: _____

Notes: _____

PERMISSION *Slip*

You have permission to:

Rest in the Middle, Not Just
at the End.

Diana Morgan

www.inspirationalguidance.com

CONFIRMATION

Name: _____

Date: _____

Notes: _____

PERMISSION *Slip*

You have permission to:

Be Clear And Still Be Kind.

Diana Morgan

www.inspirationalguidance.com

CONFIRMATION

Name: _____

Date: _____

Notes: _____

PERMISSION *Slip*

You have permission to:

Disappoint Others and Still
Be a Good Person

Diana Morgan

www.inspirationalguidance.com

CONFIRMATION

Name: _____

Date: _____

Notes: _____

PERMISSION *Slip*

You have permission to:

Outgrow What Once Felt
Right.

Diana Morgan

www.inspirationalguidance.com

CONFIRMATION

Name: _____

Date: _____

Notes: _____

PERMISSION *Slip*

You have permission to:

Take Up Space Without
Explaining Why.

Diana Morgan

www.inspirationalguidance.com

CONFIRMATION

Name: _____

Date: _____

Notes: _____
